At the end of the one hour presentation and one and a half hour workshop participants will understand the need for personal qualities in leadership. They will demonstrate **Learning Outcomes (in italic)** under four headings for this topic:

a) Developing self awareness

b) Managing oneself

c) Continuing personal development

d) Acting with integrity

a) Developing self awareness

Participants will demonstrate that they:

- *can recognise and articulate their own values and principles, understanding how these may differ from those of other individuals and groups;*
- *are able to identify their own strengths and limitations, the impact of their behaviour on others, and the effect of stress on their own behaviour;*
- *can identify their own emotions and prejudices and understand how these can affect their judgment and behaviour;*
- *have the skills to obtain, analyse and act on feedback from a variety of sources.*

b) Managing oneself

Participants will:

- *be able to manage the impact of their emotions on their behaviour with consideration of the impact on others;*
- *be reliable in meeting their responsibilities and commitments to consistently high standards;*
- *ensure that their plans and actions are flexible, and take account of the needs and work patterns of others; and,*
- *be able to plan their workload and activities to fulfil work requirements and commitments, without compromising their own health.*

c) Continuing personal development

Participants will demonstrate an appreciation of the need to:

- *actively seek opportunities and challenges for personal learning and development;*
- *acknowledge mistakes and treat them as learning opportunities;*
- *participate in continuing professional development activities;*
- *change their behaviour in the light of feedback and reflection.*

d) Acting with integrity

Participants will demonstrate that they are able to:

- *uphold personal and professional ethics and values, taking into account the values of the organisation and respecting the culture, beliefs and abilities of individuals;*
- *communicate effectively with individuals, appreciating their social, cultural, religious and ethnic backgrounds as well as their age, gender and abilities;*
- *value, respect and promote equality and diversity;*
- *take appropriate action if ethics and values are compromised.*

Last update: 5 June 2012