

SUBGROUP ANALYSIS ABOUT EFFICACY OF EARLY USE OF REMDESIVIR IN COVID-19

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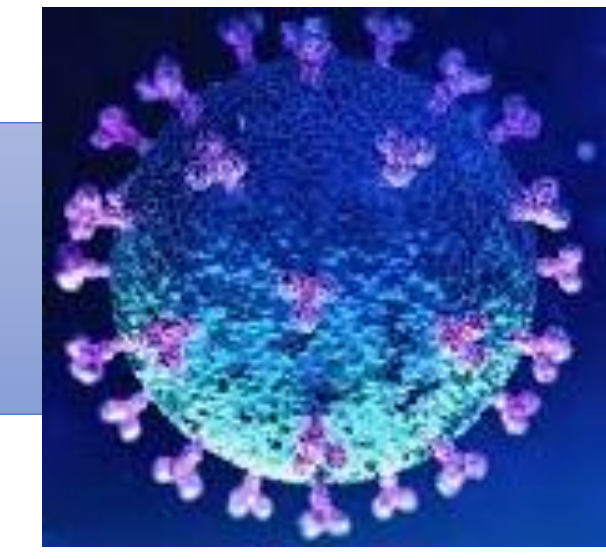
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J05 - Antivirals for systemic use

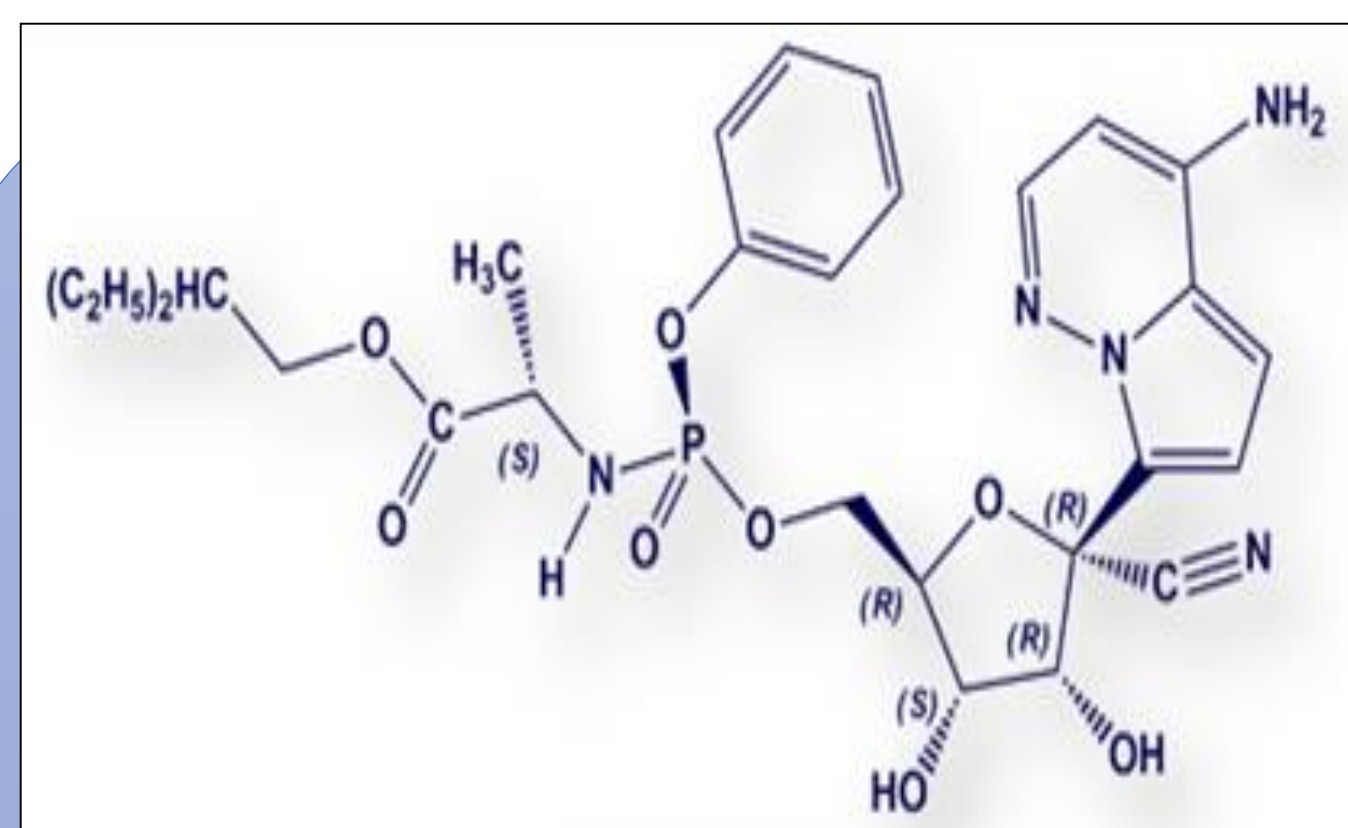
BACKGROUND

✓ A **greater benefit** was suggested in **early treatment** of remdesivir against **COVID-19**



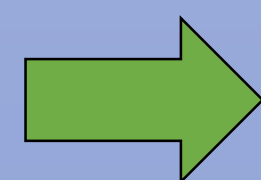
AIM

To develop a **systematic review** and **methodological interpretation** of **subgroup analyzes** according to **timing** use of **remdesivir** in COVID-19



MATERIAL AND METHODS

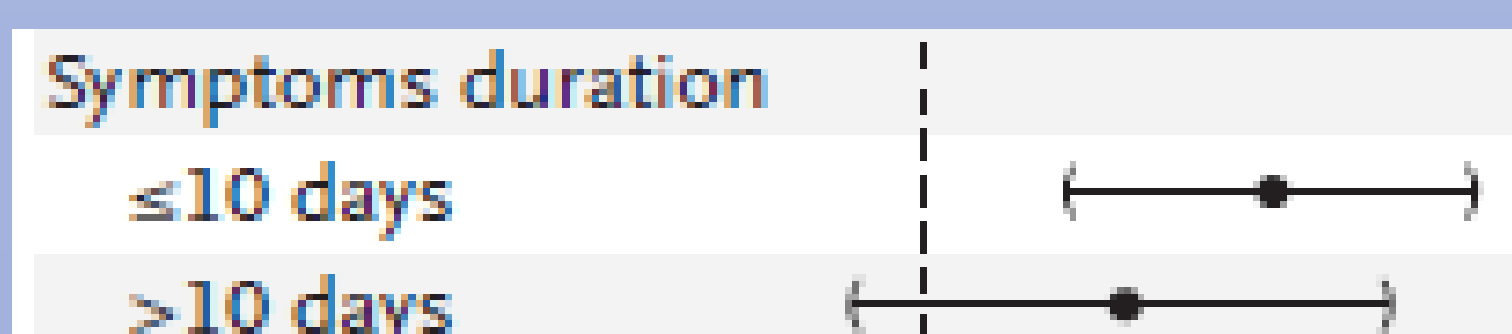
Bibliographic review in MEDLINE® (October 10, 2020)



- ✓ Search strategy in “Clinical Queries/Narrow” tool: **[(Therapy/Narrow[filter]) AND (remdesivir AND covid)]**
- ✓ Selection criteria: Randomized clinical trials (**RCTs**) with **subset analysis** about **early and late use** of remdesivir (≤ 10 vs >10 days from symptom onset, or ≤ 9 vs >9 days)
- ✓ **Endpoints:** All outcomes with subgroup analysis regarding timing of remdesivir
 - 1° Consideration of statistical interaction, prespecification, biological plausibility and consistency of subgroup analysis
 - 2° Validated tool with preliminary questions to discard subgroup analyzes without minimal relevance and checklist → Score with recommendations of applicability in clinical practice
- ✓ Two **methodologies**

RESULTS

Results of bibliographic review:
20 results

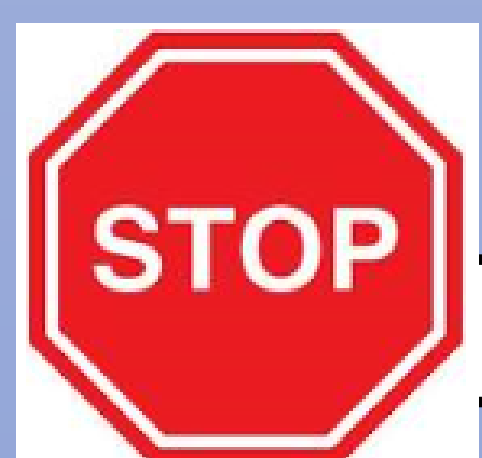


17 results excluded

- ✓ 16 without design of RCT
- ✓ 1 without efficacy evaluation of remdesivir

Endpoints considered: time to clinical improvement, mortality, viral load, clinical status at days 11 and 15

3 RCTs included



1° Methodology



2° Methodology (validated tool)

- **Heterogeneity of subgroups:** **no statistical interaction** in outcomes of RCTs
- **Pre-specification:** in **time to clinical improvement**, and **clinical status at day 15** of a RCT
- **Biological support:** It was reasoned in **each endpoint of RCTs**.
- **Consistency:** **No consistency** of subgroup analyzes were showed

Preliminary questions discarded applicability of subset analysis in 2 RCTs (**absence of minimal relevance**). Recommendation in the third RCT: checklist recommended a **“null”** recommendation (**score: -3 points**) of clinical applicability was reached for **clinical status at day 11**

CONCLUSION

No differences were found between early and late use of remdesivir in COVID-19. We developed the **first** study with **systematic review** and **methodology** about **subgroup analysis of timing** use of **remdesivir**.



REFERENCES AND/OR ACKNOWLEDGEMENTS

- ¹Sun X, *et al.* How to use a subgroup analysis: users' guide to the medical literature. JAMA. 2014;311(4):405-11
- ²Gil-Sierra MD, *et al.* Checklist for clinical applicability of subgroup analysis. J Clin Pharm Ther. 2020;45(3):530-8.