



ANALYSIS OF CARDIOVASCULAR RISK ASSOCIATED WITH IRREVERSIBLE INHIBITOR OF BRUTON'S TYROSINE KINASE TREATMENT IN PATIENTS WITH CHRONIC LYMPHOID LEUKEMIA

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Background and importance

Side effects of inhibitors of Bruton's tyrosine kinase(BTK) include hypertension, arrhythmias and cardiac events. The cardiovascular risks associated with ibrutinib and acalabrutinib may vary depending on individual patient factors.

Aim and objectives

Outcome analysis of the occurrence of cardiovascular adverse events and cardiovascular risk in chronic lymphoid leukemia(CLL) patients on treatment with BTK.

Material and methods

Observational retrospective study From January 2017 to May 2023 31

Cardiovascular risk at baseline was obtained with different calculators:

• SCORE 2: Healthy patients

• SCORE 2-OP: Over 70 years of age

• ADVANCE: diabetics

• SMART: previous cardiovascular disease c

Statistical analysis: R commander

| Clinical variables | | |
|---|-------------------|--|
| Sex | Age | |
| Smoking | Obesity | |
| Eastern Cooperative Oncology Group (ECOG) scale | TP53 mutation | |
| Treatment | Date of diagnosis | |
| Duration of treatment | Adverse effects | |
| Dose modifications | | |

Results 56 patients with BTK treatment were included.

| Median age | 73(IQR 66-79). | |
|--|---|-------|
| Sex | 55.3% male | |
| TP53 mutation + | 51.7% | |
| Median year of diagnosis | 2014(IQR 2010-2018) | |
| Obesity | 30.3% | |
| Smokers | 21.4% | |
| Median 10-year risk of cardiovascular events | 8.3%(IQR 4-11) | |
| | arterial hypertension | 53.5% |
| | dyslipemia | 26.7% |
| Comorbidities at the start of treatment | Ischemic heart disease | 16% |
| | Atrial fibrillation | 5.3% |
| | Pulmonary embolism | 3.5% |
| Treatment | 49 patients with ibrutinib (26.5% first line) 7 patients with acalabrutinib (85.7% first line). 23.2% reduced the dose 42% discontinued treatment (25% remained in therapeutic abstinence) | |
| Median treatment duration | 30 months(IQR 12-46). | |
| Adverse events | 24% developed some cardiovascular pathology during the course of treatment (14.2% developed major adverse cardiovascular events (MACE) with hospitalization) 28.5% died (2 patients due to MACE and 1 due to CLL progression). | |
| Median year of treatment at which MACE developed | second year (IQR 1-3). | |

Statistically significant differences were found between the occurrence of MACE and sex (p=0.04), duration of treatment (p=0.02) and hypertension before starting BTK (p=0.009).

Conclusions and relevance

The occurrence of MACE occurs in a modest number of patients with a low associated mortality. A statistically significant association was found with sex, duration of treatment and hypertension at the start of BTK.