INTEGRATION OF A PHARMACIST INTO A GERIATRIC DEPARTMENT

D. TEJADA MARÍN, A. RODRIGUEZ ESQUIROZ, D. FRESÁN RESTITUTO, R. SAN MIGUEL ELCANO, A. CEDEÑO VELOZ, V. RONCAL BELZUNCE, N. MARTINEZ VELILLA, M. SAROBE CARRICAS.

BACKGROUND AND IMPORTANCE
Elderly chronic patients are usually pluripathological and polymedicated. The review of their pharmacological treatment and their interactions, deprescribing and managing medications provides safety and improves their quality of life.

AIM AND OBJECTIVES
To create a healthcare resource between the services of Geriatrics and Hospital Pharmacy which facilitates the clinical management of arranged patients in an outpatient geriatric clinic for a medical consultation.

MATERIALS AND METHODS
Prospective study of patients arranged for a geriatric consultation for the first visit between May 2021 and August 2021.

It was evaluated:
- Pharmacotherapy
- Adherence to medical treatment
- Medical history
- Final analysis and last hospital admission.

RESULTS
- 33 patients included
- 64% women, mean age 86 (SD=4.4)
- 113 interventions carried-out

There was a month follow-up to see if there were medical consultations due to the aforementioned proposals.

65% of interventions were accepted

CONCLUSION AND RELEVANCE
The introduction a hospital pharmacist in a multidisciplinary approach of elderly, fragile patients enables an optimization of their pharmacotherapy and therefore an effective detection of medical problems. This involves an improvement of their quality of life.

Abstract number: 4CPS-114
ATC code: 4

COMPLEJO HOSPITALARIO DE NAVARRA
Servicio Navarro de Salud Osasunbidea