PAIN MANAGEMENT IN MENTAL HEALTH

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**BACKGROUND**

In mental health, pain management = difficult:
- psychiatric diseases → may alter pain perception
- drug interactions (DI): psychotropic and analgesic.

**AIM & OBJECTIVES**

① Find guidelines on the management of pain in psychiatry.
② Realize a current state of analgesic prescriptions in our psychiatric units.

**MATERIALS & METHODS**

National data base : HAS, ANSM
International Psychiatry Guidelines : OMS, NICE...
National Psychiatry / Pain Guidelines :
FFP, Réseau PIC, ANP3SM, CNRD...
Articles, publications, thesis : Pubmed, ScienceDirect, Google Scholar, etc

① Bibliographic search
② Observational audit of analgesic prescriptions

**RESULTS**

- Pain assessment scales in psychiatry BUT not specific to this population.
- NO consensus (national or international) on the therapeutic management of pain in mental health.

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**CONCLUSION**

① A cross-referenced table of DI between analgesics/psychotropics was realized and alternative treatment in case of DI was proposed
② This table, the scales that can be used in psychiatry to assess pain and the possibilities of treatment according to the mental disorder, were presented to psychiatrists during a session.
③ New audit afterwards to observe the evolution of practices after the implementation of the internal prescription guide.