

# ACETYLSALICYLIC ACID DESENSITIZATION IN PATIENTS WITH CORONARY ARTERY SYNDROME: LITERATURE REVIEW, RETROSPECTIVE ANALYSIS AND PATIENT FOLLOW-UP PROCEDURE IN AN ITALIAN CARDIOLOGICAL CENTER.

A. IEZZI<sup>1</sup>, V. TESO<sup>1</sup>, D. PINALLI<sup>2</sup>, S. ZITELLI<sup>1</sup>, G. BALLARDINI<sup>1</sup>, B. TEBALDINI<sup>1</sup>, E. OMODEO SALÈ<sup>1</sup>.  
 1CENTRO CARDIOLOGICO MONZINO, SERVIZIO DI FARMACIA OSPEDALIERA, MILANO, ITALY.  
 2UNIVERSITÀ DEGLI STUDI DI PAVIA, CORSO DI LAUREA IN FARMACIA, PAVIA, ITALY.  
 CENTRO CARDIOLOGICO MONZINO  
 Via Carlo Parea, 4  
 20138 MILANO Italy  
 Mail: farmacia@cardiologicomonzino.it

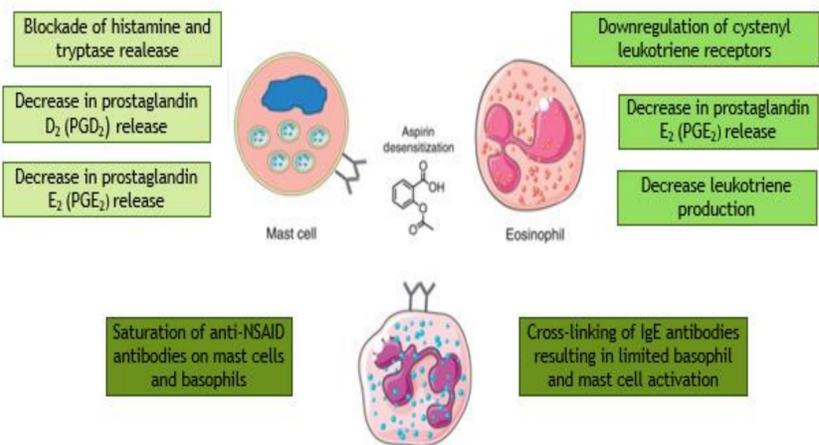


Figure 1. Mechanism of the acetylsalicylic acid desensitization procedure

## Background and Importance

**Hypersensitivity** to the **acetylic acid** (ASA) occurs in a wide range of the population, both in healthy subjects and patients with coronary heart disease increasing the risk of ischemic events.

**Desensitization protocols** for the treatment of hypersensitivity to ASA consist in the administration of increasing doses of ASA at a set time in order to sensitize the patient to the active substance and initiate a chronic treatment.

## Aim and Objectives

- The **aim** of the work is obtaining a systematic review of the literature concerning the existing desensitization protocols.
- The **purpose** is to conduct a descriptive analysis of the population and evaluate the **effectiveness** and **safety** of the protocol over the **short** and **long term**.

## Materials and Methods

A retrospective analysis was conducted on a group of patients treated with **Rossini's protocol** (1), an increasing oral administration of ASA to 100 mg in five and a half hours.

## Results

The literature's review has shown the Rossini's protocol has the greatest number of sample and the best efficacy and safety data.

The **retrospective analysis** allowed the evaluation of the group composed of 30 patients aged > 18 years, admitted to the center between January 2020 and April 2022, diagnosed with coronary artery syndrome.

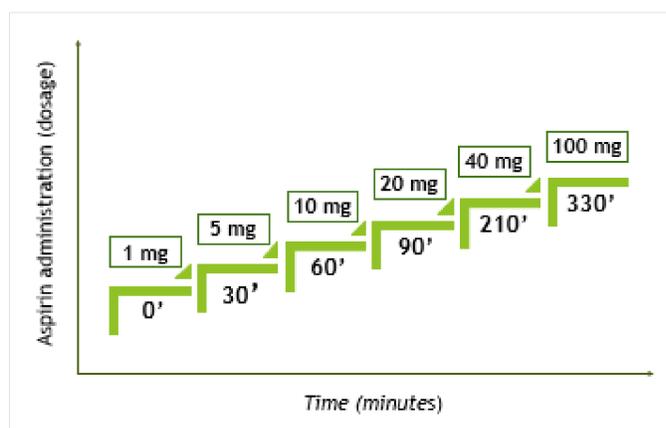


Figure 2. Scheme of the Rossini desensitization protocol [1]

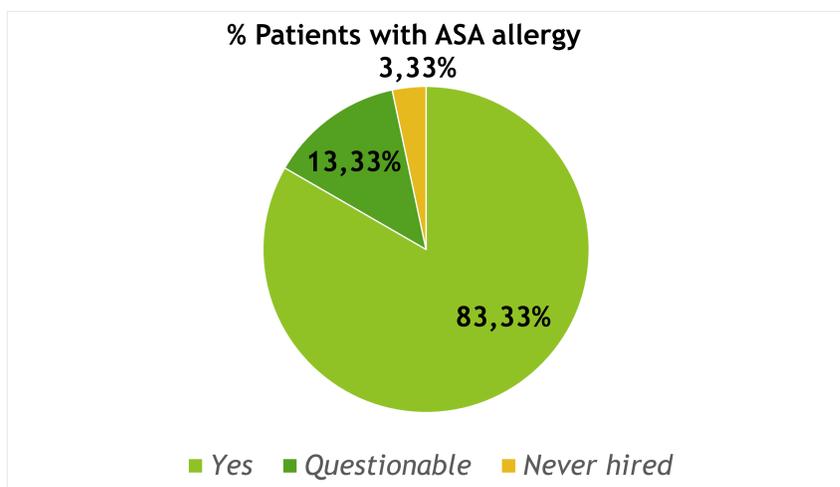


Figure 3. Percentage of patients with ASA allergy

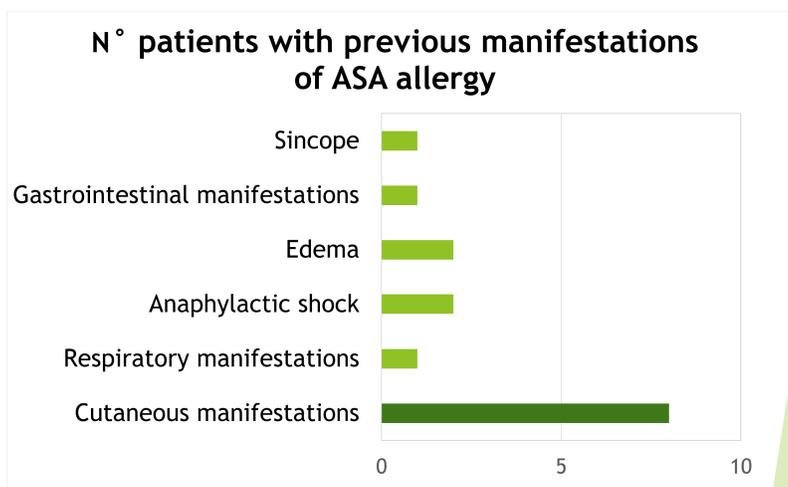


Figure 4. N° patients with previous manifestations of ASA allergy

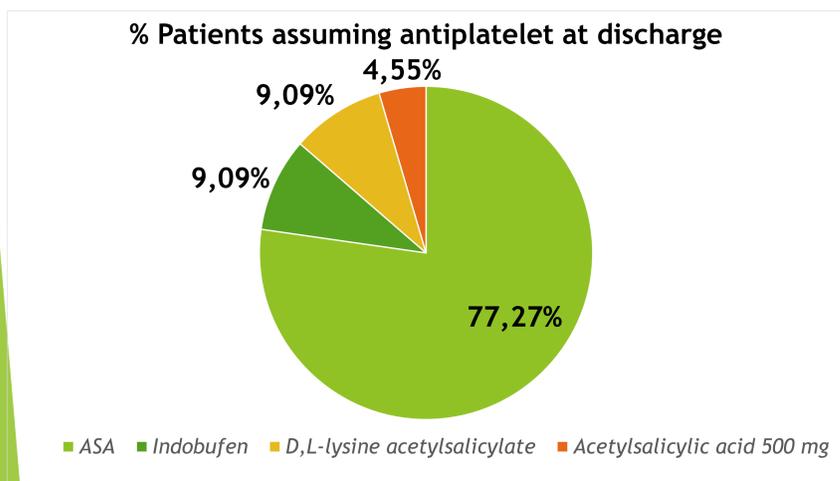


Figure 5. Patients assuming antiplatelet at discharge

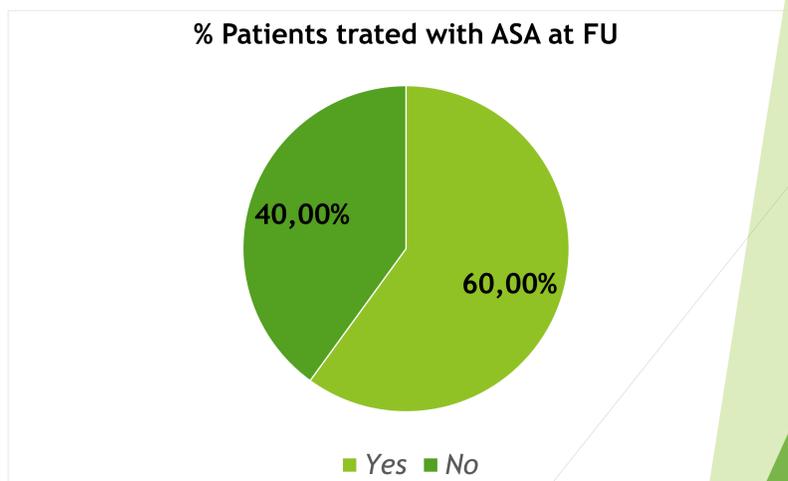


Figure 6. Patients treated with ASA at FU

## Conclusion and Relevance

The evidence suggests that the **Rossini's protocol is effective for a wide spectrum of patients**. The hospital pharmacist in agreement with the cardiologist will evaluate the possibility to implement a **solution-based** formulation to treat more fragile patients, who present history of allergy to ASA, dysphagia or requiring interventional procedures.

## References and/or Acknowledgements

[1] R. Rossini, et al, «Aspirin desensitization in patients with coronary artery disease: results of the multicenter ADAPTED registry» Circ Cardiovasc Interv, vol. 10, 2017

