Feedback from a French region on the use of e-Therapeutic Patient Education during the health crisis: high-speed interviews!

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Introduction
Coronarovirus Disease-19 (COVID-19) pandemic impact:
- Not regular follow-ups for patients with chronic diseases
- Strongly impacted organization of cares

New digital health care such as e-Therapeutic Patient Education (e-TPE), allowed to maintain the continuity of these patients care.

Objective
- Assess how TPE programs have adapted during the lockdown due to COVID 19 pandemic
- Evaluate the establishment of e-TPE

Method
A online survey was conducted in a French region: Normandy
- February 2021
- 180 TPE program coordinators
- 21 questions
- Information of TPE programs
- Adaptation of the sessions
- The implementation of the e-TPE

Results
A total of 62 questionnaires were collected corresponding to 80 TPE programs

ETP programs during 1st lockdown
- 49; 79%
- 13; 21%

Advantages stated by healthcare professionals
- Easy access - limited travel
- Maintenance of link
- Adaptation of patient's organizational

Drawbacks stated by healthcare professionals
- The lack of interaction between healthcare professionals and the patient
- Internet connection issues

Conclusion
Development of e-TPE:
- Allow the decompartmentalization of the ambulatory patients care
- Satisfy the patients and healthcare professionals
- Provide a digital tool at the service of the Clinical Pharmacist to achieve his mission of health promotion

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