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WHAT WAS DONE ?

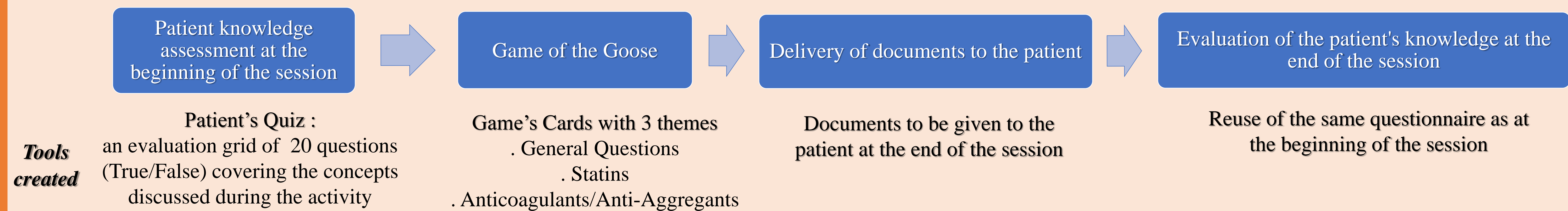
- The Creation of tools for the medication session of the post-stroke therapeutic education programme
- The measure of the activity impact on patients' knowledge of their treatments

WHY WAS IT DONE ?

- Medication adherence of post-stroke treatments : **important in preventing stroke recurrence**
- Problems of adherence with these medications **frequently encountered**
 - ➔ **Patient education : essential** in the management of this pathology

HOW WAS IT DONE ?

Course of the Medication Session :

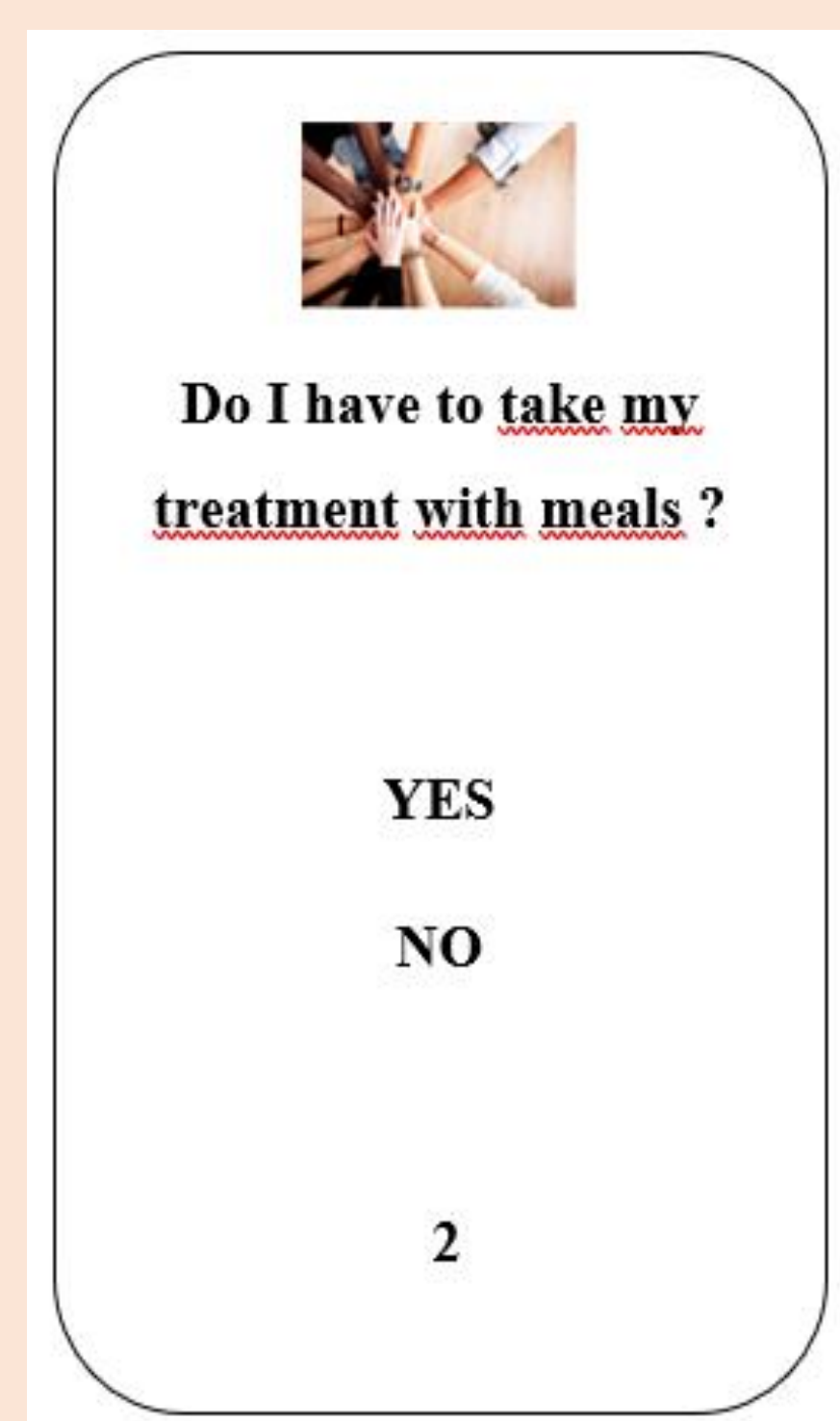


WHAT HAS BEEN ACHIEVED ?

A Questionnaire used in the beginning and at the end of the session

	TRUE	FALSE
1- Is a generic drug slightly less effective than the reference ?		
2- I have a headache, can I take Ibuprofen ?		
3- If I have difficulty swallowing my tablets, can I crush them in a compote?		
4- Is it recommended to drink multivitamin juice (orange, grapefruit, pineapple) in the morning for breakfast?		
5- Is my statin a blood-thinning drug?		
6- Do I have to take my treatments at the same time every day?		
7- Thanks to my anti-cholesterol treatment, can I eat chips every day?		
8- My legs hurt for no apparent reason, should I stop taking my statin until they feel better?		
9- Can taking herbal teas influence the effectiveness of my treatment?		
10- I forgot to take my treatments last night, should I double the dose this morning?		
11- On my last blood test, my cholesterol is normal. Can I stop my treatment for the moment?		
12- My "fluidifying" treatment is to prevent blood clots from forming?		
13- Does my "fluidifying" treatment lower my blood pressure?		
14- I am on a "fluidifying" treatment. Should I avoid gardening?		
15- I have frequent nosebleeds. Should I stop my "fluidifying" treatment until I see my doctor?		
16- Can my phone help me to remember to take my medication?		
17- Is having blood in the urine normal when taking a blood thinner?		
18- Do I need to have blood tests to know if my blood thinning treatment is effective?		
19- It has been a year since my stroke. Can I fly?		
20- I am pale and tired, could this be a sign of internal bleeding?		

33 Game's cards created

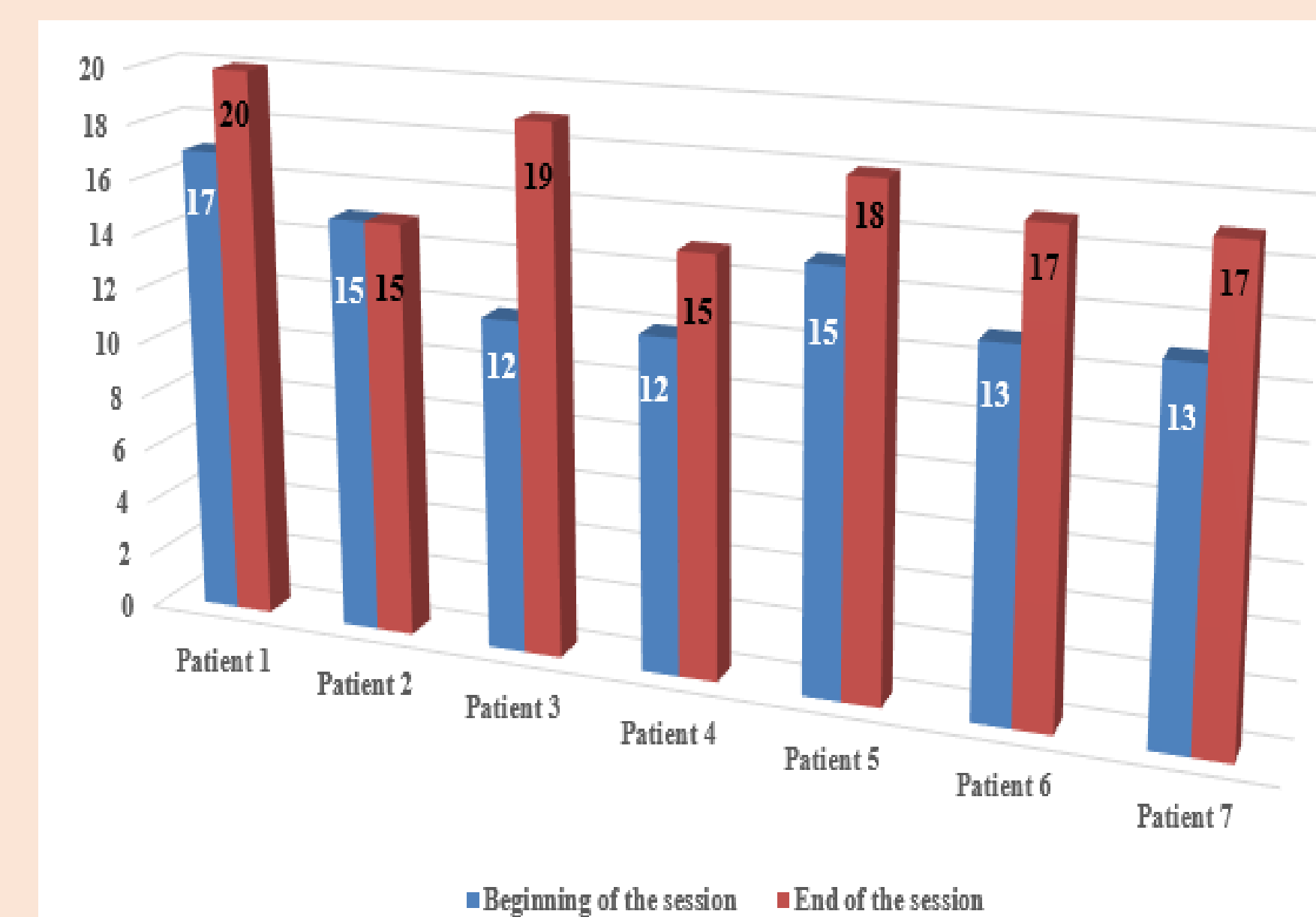


- 12 for General Questions
 - 8 for statines
- 13 for anticoagulants/anti-aggregants (with 3 concerning Anti-Vitamins K)

Documents given to the patient at the end of the session (example)



Evaluation of the impact of these sessions



1st group of 7 patients
Start of the session : average score = 14 (12-17)
End of the session: average score = 17 (15-20)

➔ **Average improvement of 3 points or 21% (0-58%)**

Game sequence

Patient rolls the die and moves his counter forward on the board

Patient draws a card according to the colour of the case

General Questions : Blue and Blue-Green
 Statins : Green
 Anticoagulants/Anti-Aggregants : Red
 (off cards : Yellow = Patient stories)

Topics covered : how to take the treatments, self-medication, daily management, bleeding risk, etc

Patients collectively think about the question asked

The correct answer(s) are explained by the pharmacist

WHAT NEXT ?

- An analysis of the questions with the lowest rate of positive responses to improve the messages during the activity
- A treatment plan given to patients at the end of the session to help them take their medication

