Development of My Medication Plan Involving Patient Representatives as Co-designers

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WHAT WAS DONE?

- My Medication Plan: a tool to assist patients in managing their medication treatment.
- 2. The Design Thinking Framework: a model for involving patients representatives as

HOW WAS IT DONE?

BRAINSTORMING to generate <u>IDEAS</u> for *My* Medication Plan with three

BRAINSTORMING to generate <u>DESIGNS</u> for My

co-designers.

WHY WAS IT DONE?

- 1. Patients need more information about their drug treatment at hospital discharge.
- 2. Missing information could result in unintentional non-adherence and adverse drug events.
- 3. The Shared Medication Record lists current drug treatment, but further relevant patient requested information is needed.





Color Explanations:

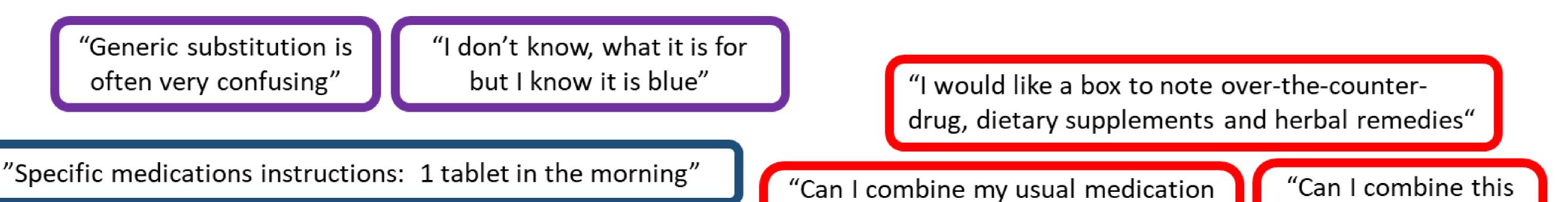
-the counter and non-prescription medicati

Patient safety and substitution

Follow-up healthcare appointmer

nstructions about medication application

WHAT HAS BEEN ACHIEVED?



| Should I take it with or without food or was it with juice?" | with dietary supplements and herbal tablet with the ne remedies?" tablet?" | :w |
|---|---|----|
| "How often should my usual medications be assessed?" | "It should be something that you handout to the patients, then you are sure that you have given them the information" | |
| | the patients to take for their own health" find this medication plan and can help | |



Updated Shared Medication Record

Future Appointments

Glossary of Medical Terms

Non-electronic Tool

WHAT IS NEXT?

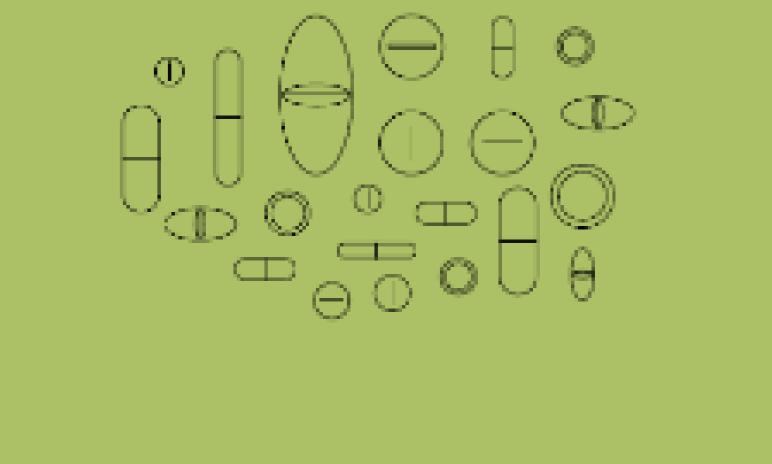


To use and test the effect of My Medication Plan as a tool in a randomized controlled trial.

GPI number CPS13254: Scan the QR-code to see the online version.



Sygehus Sønderjylland Syddansk Universitetshospital



Medicinplan

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