Objective:
Principal objective: to analyse if START criteria were met in patients of a reference hospital

Methods:
Observational, retrospective study (June-August 2014)
Internal Medicine (138 patients over 65 years)

¿What did we registred?
Age
Gender
Number and type of drugs prescribed
Diagnoses

Results:
76.8 ± 6.3 years (52.6 % men) 11.7 ± 3.6 drugs / patient

% patients in treatment with drugs indicated according to the START criteria
25.9 % 0 START criteria was unmet
37 % 1 START criteria was unmet
25.9 % 2 START criteria was unmet
7.4 % 3 START criteria was unmet
3.8 % 4 or 5 START criteria was unmet

What START criteria were met?
Statins in diabetes mellitus associated to one or more vascular risk factors: 29.6 %
Platelet antiaggregants in diabetes mellitus associated to one or more vascular risk factors: 13.6 %
Clopidogrel or ASA with a history of arteriosclerotic disease in patients with sinus rhythm: 12.3 %
Metformin in type-2 diabetes mellitus in the absence of kidney failure: 11.1 %
Calcium-vit D in patients with known osteoporosis: 8.6 %

Conclusions:
In our sample, and in spite of the polypharmacy detected, the drugs that were prescribed the least, in spite of their indication, were statins and antiaggregants.